

MAXIMIZING
ABILITIES TO
LIVE
INDEPENDENTLY
AND SUPPORT A
JOURNEY
OF GROWTH



www.traverseindependence.ca

TRAVERSE
INDEPENDENCE



1382 Weber St. E. Unit 1
Kitchener, ON, N2A 1C4
519-741-5845

Email: ABISRef@travind.ca
www.traverseindependence.ca



TRAVERSE
INDEPENDENCE
BRAIN INJURY
SERVICES

**SUPPORTING
PEOPLE TO
TRAVERSE THE
DISTANCE TO
INDEPENDENCE**

Our Team

Our dedicated team of specialized community facilitators provide personalized support for individuals living with brain injuries. We work closely with you and your support network to help you stabilize your situation and achieve your most important goals.

Whether you're navigating challenges related to:

- Housing stability
- Access to primary healthcare
- Mental health and addiction support
- Income stabilization
- Food security
- Justice system involvement

We're here to help with that and much more!

Person-Centred Care

Your journey is unique. Together, we'll identify priorities and build a path forward that works for you.

Access to Services

Low-barrier access using the HELPs screening tool.

Respect & Consistency

Right support, right place, right time.
Individual goals based on needs and social determinants of health.
Integrated services with other community supports.
Dedicated worker you get to know



"I'm so grateful that
there is this
program available
to help in my
recovery. I'm
looking forward to
seeing what's to
come next!"

-Karen
(Outreach &
ABI Day Program)

Our Services

Intensive Case Coordination

Behavioural Supports

Outreach Programs

Mainstream Outreach

- Working one to one with an outreach worker on a consistent basis in your home

ABI in the Streets (ABIS)

- Working with an outreach worker wherever person is located when experiencing homelessness

Goals Attainment Program (GAP)

- Working with a staff at scheduled locations on goals
- Short-term support until mainstream outreach becomes available.

ABI Day Programs

Residential Programs

- Affordable housing
- Transitional living (short & long term rehabilitation)
- Supportive housing
- ABI long stay group home

Brain Injury Education

Caregiver Support Group