



TRAVERSE INDEPENDENCE SERVICES FOLDER – TEXT ONLY

LIFE WITH A BRAIN INJURY OR PHYSICAL DISABILITY

Traverse Independence assists adults with acquired brain injuries (ABI) and physical disabilities traverse the distance between where they are today and where they dream of being - independent and self-sufficient.

- Traverse Independence for every step of the journey.
- Maximizing your ability to live independently and supporting your journey of growth...
- All our services and locations are fully accessible to people with physical disabilities

ACQUIRED BRAIN INJURY

- Timely education, information and support to make important decisions
- A variety of support levels, environments and locations including private apartments
- Intensive case coordination with access to ABI specialized services such as psychiatry or occupational therapy
- Transitional living
- Outreach services
- Day program
- Caregiver support

PHYSICAL DISABILITY

- Living in an independent apartment setting - supportive housing
- 24/7 program with after hours on-call

Independence to Direct your own Attendant Services

Services may include but are not restricted to:

- Assistance with activities of daily living
- Diabetic care/medications
- Prescribed exercises

- Tube feeding
- Bowel and bladder routines
- Ventilator care
- Light homemaking and meal preparation

Life skills and behavioural supports may provide ongoing support with things like:

- Access to mental health and addictions support
- Interpersonal relationships
- Money management
- Accessing recreation, leisure and/or volunteer opportunities.

ORGANIZATIONAL APPROACH

- Client safety is a top priority
- Multi-pronged, flexible
- Care planning done in partnership with client and family with a focus on independence
- Collaborative, compassionate, respectful of culture, values, beliefs, diversity and preferences
- Right support, at the right time, in the right place – a focus on just enough support to return to school, work or independence